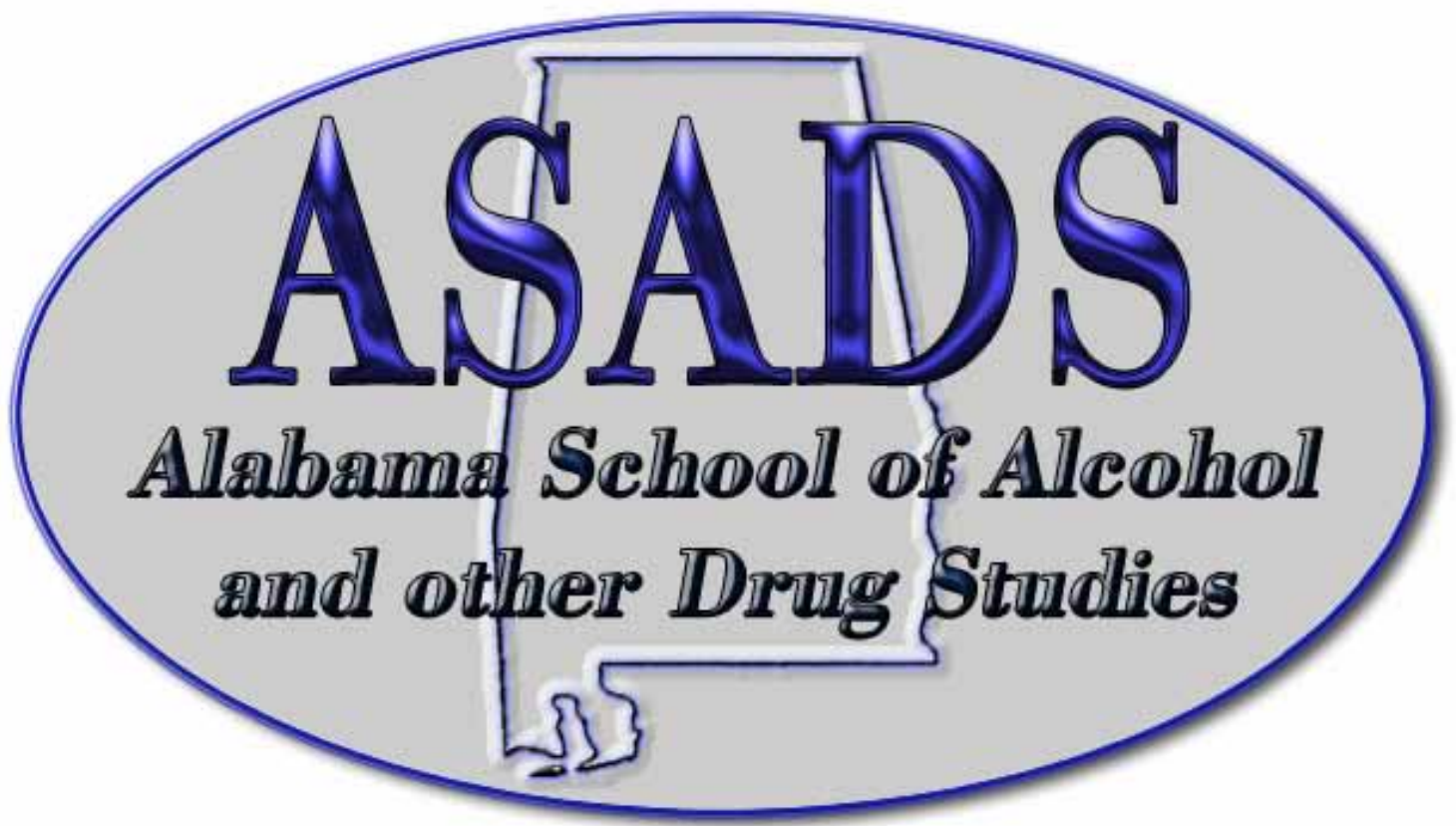


37th ANNUAL



March 20–23, 2012

**Bryant Conference Center
Tuscaloosa, Alabama**

A conference for professionals involved in the enforcement, prevention, identification, assessment, treatment and rehabilitation of chemical abuse and dependency.

ABOUT THE PROGRAM

Each year in the spirit of public service, a Board of prevention, treatment and recovery specialists, educators, and professionals from related fields spend 12 months planning the Alabama School of Alcohol and Other Drug Studies. **ASADS 2012** promises to provide a quality educational experience that will enhance both professional growth and job performance. The networking opportunities are one of the highlights of the conference. We challenge you to meet new people and expand your boundaries during the breaks and socials.

This year's conference theme is **"Moving In A New Direction."** Knowledge, initiatives and regulations are changing faster and in greater detail than ever before. We must adapt to the new movement or be left behind. As professionals, we know what "change" entails...grieving the old ways, learning the new ways and then heading out in the new direction. ASADS wants to help you make directional change. Our courses this year will include information on the new healthcare policies and procedures, specialized methods for dealing with our clients and patients as well as some of the basic courses for first-timers. The wind is taking us in a new direction. Are you ready to move?

WHO SHOULD ATTEND

The Alabama School of Alcohol and Other Drug Studies is designed to meet the continuing educational needs of professionals involved in the enforcement, prevention, identification, assessment, treatment and rehabilitation of chemical dependency, including:

Certified addiction professionals

Clergy

Court referral officers

EAP managers

Human resource professionals

Licensed professional counselors

Physicians

Probation/parole officers

Rehabilitation specialists

School system drug education coordinators

Substance abuse treatment staff

Volunteers

Community corrections professionals

Child protective staff

Correctional personnel

DUI program staff

Educators

Law enforcement professionals

Nurses

Prevention specialists

Psychologists

School counselors

Social workers

Trauma counselors

Court referral education staff

Whether you are new to the chemical addictions field or an experienced professional, represent a public or private organization, or work in other related areas, you will benefit personally and professionally from this major educational event.

ASADS BOARD OF DIRECTORS

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GENERAL INFORMATION

TUITION

To register and pay online visit www.asadsonline.com

Deadline for tuition is **FEBRUARY 20, 2012**. Registrations will be accepted until the first day of the conference; however, **registrations received after February 20, 2012, may include an additional \$50.00 late fee.**

Note: Pay close attention to not sign up for courses that will overlap.

Tuition: Prior to February 20, 2012

4 DAY ATTENDANCE FEE	\$320.00
3 DAY ATTENDANCE FEE	\$240.00
2 DAY ATTENDANCE FEE	\$160.00
1 DAY ATTENDANCE FEE	\$80.00

Every effort will be made to ensure participants are enrolled in their first choice, however, enrollment is limited and reservations are made on a first-come, first-serve basis. ASADS reserves the right to cancel any course for which minimum enrollment is not reached. If a course is cancelled and a transfer is not possible, a full refund of the tuition fee will be made.

ON-SITE REGISTRATION INFORMATION

Registration will be held in the lobby of the Bryant Conference Center. (See **"Week at a Glance" schedule** for registration opportunities).

CANCELLATIONS AND REFUNDS

Cancellations received after **February 20, 2012** are subject to a 25% cancellation fee. No refunds are made after the program has begun. Participant substitutions are welcome.

ASADS reserves the right to cancel, postpone or combine class sections to limit registration and to change instructors.

CONTINUING EDUCATION UNITS

A continuing education unit (CEU) represents contact hours in an approved continuing education program. Participants can earn up to 28 hours of CEUs as follows:

- Morning Opening Sessions – 1.5 hours
- Tuesday Evening Special Event – 1.5 hours
- Two day courses (Tuesday/Wednesday or Thursday/Friday) – two day courses earn up to 11 hours
- Four day course (Tuesday, Wednesday, Thursday and Friday) – earn up to 5.5 hours

Participants attending the program, as documented by daily attendance, will have a certificate given to them upon completion of the School.

APPROVAL BY PROFESSIONAL ASSOCIATIONS

The School has been designed to meet the requirements for professional development contact hours by the following organizations:

- Alabama Alcohol and Drug Abuse Association (AADAA)
- Alabama Alcoholism and Drug Counselor Certification Board
- Alabama State Board of Social Work Examiners
- National Board of Certified Counselors (Provider #5581)
- Marriage and Family Therapists
- Certified Rehabilitation Counselor (CRC)
- Alabama Board of Nursing:
PARTICIPANTS MUST BRING THEIR NURSING CARD TO BE SWIPE THROUGH THE ELECTRONIC SCANNER ONSITE.
- ASADS has been submitted to the Alabama Board of Examiners for Nursing Home Administrators for CEU approval. The number of approved NHA CEU hours is currently pending.

LODGING

HOST HOTEL: Special arrangements have been made with the Hotel Capstone, which is also the conference site, for conference participants at a special rate of \$118.00 for single, or double, plus tax. The hotel is located at 320 Bryant Drive, Tuscaloosa, Alabama 35401. Phone: (205) 752-3200 or 1-800-477-2262. Please indicate you are attending the ASADS Conference when making your reservation. **This special room block and rate is reserved until February 20, 2012. The hotel reserves the right to discontinue the special rate after that date. You must bring your confirmation letter indicating you are registered for this conference when you check in at the hotel in order to receive this special rate. One night's deposit is required when making your reservation.**

ADDITIONAL HOTELS: Additional rooms are available close to the Bryant Conference Center. Please refer to the following:

Holiday Inn Express

1120 Veterans Memorial Parkway
Tuscaloosa, Alabama 35404
(205) 464-4000

Hampton Inns of Tuscaloosa

600 Harper Lee Dr.
Tuscaloosa, Alabama
(205) 553-9800

Country Inn and Suites

4801 McFarland Blvd.
Tuscaloosa, Alabama
(205) 345-9999

Comfort Inn

4501 McFarland Blvd., E.
Tuscaloosa, Alabama
(205) 345-1434

Fairfield Inn

4101 Courtney Dr.
Tuscaloosa, Alabama
(205) 750-8384

Courtyard by Marriott

4115 Courtney Dr.
Tuscaloosa, Alabama
(205) 750-8384

LOCATION

ASADS 2012 will be held in the Bryant Conference Center, 240 Paul W. Bryant Drive, on the campus of the University of Alabama, Tuscaloosa. Some courses will be held at the Hotel CAPSTONE. (See Lodging on previous page.)

FOOD AND REFRESHMENTS

Beverages and light snacks will be offered during break times. ASADS will provide lunch on Tuesday thru Friday.

ADDITIONAL INFORMATION

For additional information, contact ASADS by phone at 256-620-3304. Or email ASADS at Asads.Admin@asadsonline.com

VISIT OUR WEBSITE

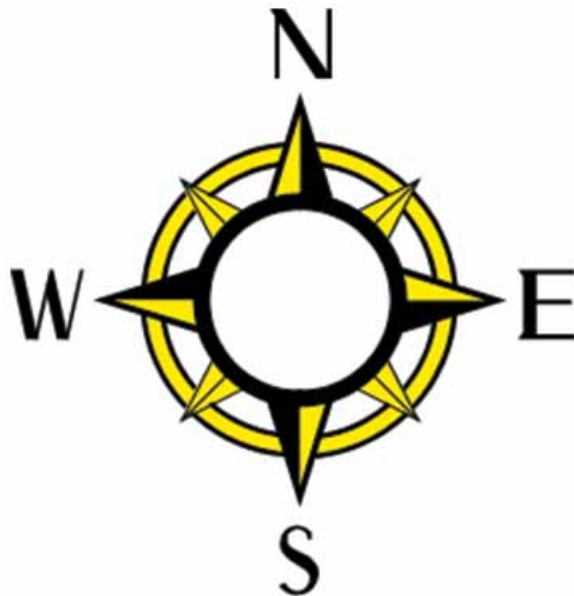
Additional copies of the conference brochure may be downloaded at www.asadsonline.com.

SPECIAL NEEDS

In accordance with the Americans with Disabilities Act, please make known any accommodations, concerns, or needs that you have so we may provide assistance. See registration form.



Moving In A New Direction



Prevention • Treatment • Recovery

SPECIAL EVENTS

TUESDAY OPENING SESSION 8:30AM - 10:00AM

Positioning Behavioral Health Care for a Reformed Healthcare System

Chuck Ingoglia, MSW, Vice President of Public Policy, National Council for Community Behavioral Healthcare

This session will address the role that coverage expansions and the parity requirements play in healthcare reform and their potential impact on behavioral health organization. Attendees will also learn strategies for new business and market opportunities to prepare for a reformed environment.

WEDNESDAY OPENING SESSION 8:30AM - 10:00AM

Saving Lives Through the Integration of Substance Use, Mental Health and Primary Care

Kathleen Reynolds, LMSW, ACSW, Director, SAMHSA/HRSA Center for Integrated Health Solutions

Individuals that are served in the public behavioral health settings are dying up to 25 years earlier than their peers from preventable causes! Bi-directional integration of substance use, mental health and primary care services is viewed as a potential solution to this problem. This plenary will provide compelling data for integration, offer national models of potential integration solutions and provide data on initial return on investment for integrated programs.

THURSDAY OPENING SESSION 8:30AM - 10:00AM

The Behavior Change Drivers: Reviewing the Real “Engines” of Positive Behavior Change

Michael D. Clark MSW, LMSW, Director, Center for Strength-Based Strategies

This session will focus on the questions: How do people change? What can staff do to increase client engagement and retention in treatment? How can we harness client feedback to improve outcomes?

TUESDAY 5:00PM - 6:30PM

Under The Gun: PTSD Crack and Mental Health Court

Danny Reeves

Danny will share his struggles on the road to recovery. He was a First Class Sergeant who suffered from PTSD and addiction.

WEDNESDAY 5:00PM - 7:30PM

BBQ Buffet and Live Band Featuring

“The Breakers”



WEEK AT A GLANCE

March 19 Monday	March 20 Tuesday	March 21 Wednesday	March 22 Thursday	March 23 Friday
	7:30 – 8:30AM REGISTRATION 8:30 – 10:00AM Welcome & Carl Nowell Award Presentation OPENING SESSION <u>Positioning Behavioral</u> <u>Health Care for a</u> <u>Reformed Healthcare</u> <u>System, Chuck</u> <u>Ingoglia, MSW</u>	7:30 – 8:30AM REGISTRATION 8:30 – 10:00AM OPENING SESSION <u>Saving Lives Through</u> <u>the Integration of</u> <u>Substance Use,</u> <u>Mental Health and</u> <u>Primary Care, Kathleen</u> <u>Reynolds LMSW, ACSW</u>	7:30 – 8:30AM REGISTRATION 8:30 – 10:00AM OPENING SESSION <u>The Behavior Change</u> <u>Drivers: Reviewing</u> <u>the Real “Engines”</u> <u>of Positive Behavior</u> <u>Change</u> <u>Michael D. Clark, MSW,</u> <u>LMSW</u>	7:30 – 8:30AM REGISTRATION 8:30 – 10:00AM WORKSHOPS
	10:00 – 10:15AM BREAK	10:00 – 10:15AM BREAK	10:00 – 10:15AM BREAK	10:00 – 10:15AM BREAK
	10:15 – 12:00N WORKSHOPS	10:15 – 12:00N WORKSHOPS	10:15 – 12:00N WORKSHOPS	10:15 – 12:00N WORKSHOPS
	12:00N – 1:00PM LUNCH	12:00N – 1:00PM LUNCH	12:00N – 1:00PM LUNCH	12:00N – 1:00PM LUNCH
	1:00 – 2:45PM WORKSHOPS	1:00 – 2:45PM WORKSHOPS	1:00 – 2:45PM WORKSHOPS	1:00 – 3:00PM WORKSHOPS
	2:45 – 3:00PM BREAK	2:45 – 3:00PM BREAK	2:45 – 3:00PM BREAK	
	3:00 – 5:00PM WORKSHOPS	3:00 – 5:00PM WORKSHOPS	3:00 – 5:00PM WORKSHOPS	
4:00 – 6:00PM REGISTRATION	5:00 – 6:30PM SPECIAL EVENT <u>Under The Gun: PTSD</u> <u>Crack and Mental</u> <u>Health Court</u> <u>Danny Reeves</u>	5:00 – 7:30PM BBQ and Band T-SHIRT DAY Wear your t-shirt!!		



COURSES AT A GLANCE

Participants must select a first, second, and third choice for all courses they want to take. When a course reaches capacity it will be closed. **Note: Pay close attention to not sign up for courses that will overlap.**



Treatment courses are designed for Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, and other related human services professionals.



Prevention courses are designed for Prevention Professionals, Educators, Law Enforcement Officials, Community Coalition Leaders and others who are responsible for the planning and delivery of substance abuse prevention programs and strategies.

ONE DAY COURSES

Tuesday Only

- T1 – Bi-Directional Integration of Behavioral Health and Primary Care Services and Its Role in Health Care Reform **P T**
- T2 – Prevention Ethics **P**
- T3 – Taking the “Ouch” Out of Pain Management in Patients with Addiction **T**
- T4 – Path To Success: Managing Emotions Under Pressure/Anger Management **P T**
- T5 – The Treatment of Self-Injurious Behaviors **T**
- T6 – The Ethics of Clinical Supervision **T**
- T7 – After the War...Hidden Wounds, Myths, and Realities **T**

Wednesday Only

- W1 – Medications in the Classroom **T**
- W2 – Medicaid Compliance Training **T**
- W3 – The Integration of Cognitive Behavioral Therapy and the Treatment of Addictive Disorders **T**
- W4 – Those Left Behind: The Military Family Experience **T**
- W5 – Crisis Intervention **P T**
- W6 – Path To Success: Managing Emotions Under Pressure/Anger Management **P T**
- W7 – Ethical Dilemmas and the SA Professional: What You Need to Know **T**

Thursday Only

- TH1 – There and Back Again: Readjusting to Life After Deployment **T**
- TH2 – Adolescent Co-Occurring Issues and Treatment Strategies **T**
- TH3 – Clinical Supervision: The Changing Landscape **T**
- TH4 – Making and Maintaining the Connection: Group Counseling Methods for Difficult Populations **T**
- TH5 – Gay, Lesbian, Bisexual, Transgender (GLBT) and Behavioral Health Issues **T**
- TH6 – Fundamental Service Provision in Alabama Courts for Substance Abusing Defendants **T**
- TH7 – Disruptive Audience/Disruptive Behaviors **P T**

Friday Only

- F1 – The Seven Challenges: Avoiding the Mad Rush for Abstinence **T**
- F2 – Criminal Thinking **T**
- F3 – Welcome to the Neighborhood – Building Collaborative Models Between Safety Net Health Care Providers **T**
- F4 – Get Out of My Face: Non-Adversarial Case Management Strategies **T**
- F5 – The A, B, C’s of STD’s for Alcohol, Substance Abuse and Mental Health Counselors/Workers **P T**
- F6 – Working With People Who Are Deaf **T**
- F7 – The Spirit of Change: Integrating Psychodrama and Motivational Interviewing **T**

TWO DAY COURSES

Tuesday and Wednesday

- TW1 – Meeting the Specific Needs of Women: A Gender Responsive Recovery Model **T**
- TW2 – Individualized Treatment Planning Using ASAM PPC and Stages of Change **T**
- TW3 – Mental Health First Aid **P T**
- TW4 – The Certified Peer Specialist Training – **ONLY FOR A RECOVERING INDIVIDUAL**
- TW5 – Case Management Training for New Case Managers **T**
- TW6 – NIATx: Change Leader Academy **T**

Thursday and Friday

- TF1 – What the Heck is Trauma-Informed Care, Why Do We Need It, and How Do We Do It? **T**
- TF2 – Psychopharmacology 2012 **T**
- TF3 – Achieving Integrated Treatment of Co-Occurring Disorders **T**
- TF4 – SSI/SSDI Outreach, Access, and Recovery (SOAR) **T**
- TF5 – The Client-Directed, Outcome-Informed Movement: Increasing Motivation, Engagement and Retention **T**
- TF6 – Understanding and Utilizing ASAM Placement Criteria in the Treatment Setting **T**

FOUR DAY COURSE

- TWTF1 – Substance Abuse Prevention Skills Training (SAPST): A Behavioral Health Workforce Development Curriculum **P**

COURSE DESCRIPTIONS

Participants must select a first, second, and third choice for all courses they want to take. When a course reaches capacity it will be closed. **Note: Pay close attention not to sign up for courses that will overlap.**

ONE DAY COURSES: OFFERED ON TUESDAY

Note: Pay close attention not to sign up for courses that will overlap.

T1 BI-DIRECTIONAL INTEGRATION OF BEHAVIORAL HEALTH AND PRIMARY CARE SERVICES AND ITS ROLE IN HEALTH REFORM **P T**

Kathleen Reynolds, Director, SAMHSA/HRSA Center for Integrated Health Solutions
Chuck Ingoglia, Vice President-Policy, National Council for Community Behavioral Healthcare
Jeff Capobianco, Performance Improvement Coordinator, Center for Integrated Health Solutions
Jack Kemp, M.S., President and Consultant, JBK Consult, Inc.

Description: Bi-directional integration is a core component of the conceptualization of health homes and health reform across the country. How specialty addiction programs link with their peers in mental health and primary care is a critical discussion. This workshop will identify national models of integration, identify the specific roles for addiction specialty agencies in this integration and assist participants in planning for integration in their area. Special attention will be paid to the importance of data collection and outcomes for integration efforts.

Objectives: Participants will:

- Understand the national initiatives related to the integration of behavioral health and primary care and be able to identify three policy drivers of those initiatives
- Be able to identify at least three specific opportunities for the integrating substance use/addiction specialty programs
- Be able to identify up to six core indicators of success for bi-directional integration
- Be able to identify up to three next steps of a potential integration strategy for their community
- Be able to identify three models of integration that could work in their community

SPONSORED IN PART BY SAMHSA/HRSA

T2 PREVENTION ETHICS **P**

Kelly Price, MPH, CADP, Agency for Substance Abuse Prevention

Description: Prevention professionals need a model for ethical decision-making and practice. An ethical decision model will be taught and participants will be intensely involved in working through relevant case studies using the model. Participants will be prepared to address emerging issues using this model.

Objectives: Participants will:

- Be able to describe a model for ethical decision-making
- Use the model with case studies
- Learn specific principles for a learning community
- Be able to develop case studies
- Develop a plan to implement the training locally

T3 TAKING THE "OUCH" OUT OF PAIN MANAGEMENT IN PATIENTS WITH ADDICTION **T**

Dr. Merrill Norton, PharmD, D.Ph, ICCDP-D, Clinical Associate Professor
University of Georgia College of Pharmacy, Athens, GA

Description: This workshop will address the use of current treatment modalities to assist with the treatment of the addict suffering from chronic pain. The treatment of pain in individuals with addictive disorders often is challenging. The presence of pain can be an obstacle to detoxification of the patient who is dependent on opioids, sedative hypnotics or other drugs that may be a component of pain treatment. Some addicted individuals identify pain as a major factor contributing to their addiction. Untreated pain may represent a risk factor for relapse among persons in recovery; on the other hand, exposure to some analgesic medications and adjunctive pain treatment medications

may place such individuals at risk for relapse. Some physiological and psychological aspects of addictive disease may make pain more difficult to treat in addicted persons than in nonaddicted patients. It is sometimes difficult for patients with addictive disorders and for their physicians to distinguish which aspect of the patient's distress represents pain and which represents opioid craving.

Objectives: Participants will:

- Apply appropriate risk assessment strategies (i.e., Risk Evaluation and Mitigation Strategies [REMS], Universal Precautions) for the abuse, misuse, and diversion of opioid therapies used in the management of chronic pain
- Select screening instruments to identify patients at risk for opioid dependence and/or abuse
- Evaluate abuse-deterrent technologies associated with opioid therapy
- Evaluate evidence-based literature for patient-related factors associated with risk of relapse if opioid medications are used to treat pain in patients with a history of addiction
- Formulate a response to challenges encountered in the management of chronic pain in patients at risk for, or with a history of, addiction
- Contrast options for pharmacotherapy (e.g., non-steroidal anti-inflammatory drugs (NSAIDs), opioid therapies, adjunctive agents) for chronic pain in patients at risk for, or with a history of, addiction

T4 PATH TO SUCCESS: MANAGING EMOTIONS UNDER PRESSURE/ANGER MANAGEMENT **P T**

Leslie Meadows, Assistant Director, Auburn Montgomery, Alabama Training Institute

Description: This course presents decision-making techniques and strategies necessary for managing behaviors and communication challenges that undermine employee performance. Using in-class exercises, participants will examine, practice, and reinforce the skills necessary to become a more effective leader, supervisor, and employee. Discussion and activities will focus on understanding the nature of conflict and identifying conflict management styles, and understanding the role emotional intelligence plays in our interactions.

Objectives: Participants will:

- Gain an awareness of how their perceptions and reactions help or impede their relationships at work, home, and in general
- Learn how to manage stressors and regain control

SPONSORED BY THE ALABAMA DEPARTMENT OF TRANSPORTATION

T5 THE TREATMENT OF SELF-INJURIOUS BEHAVIORS **T**

Magali Posey, LPC and Michelle Woods Smith, LCSW, Finding Peace Professional Counseling Services

Description: This one-day course will focus on self injurious behavior (SIB) and help participants understand the etiology of SIB, identify different types of self harm, and its correlation to addictive disorders. It will assist participants in recognizing their own feelings about SIB and using knowledge to respond in an appropriate manner. Various treatment strategies to include enhancing coping skills, cognitive behavioral therapy, and mood management will be presented.

Objectives: Participants will:

- Define SIB
- Identify risk factors for SIB and its correlation to addictive disorders
- Learn basic treatment strategies for SIB

T6 THE ETHICS OF CLINICAL SUPERVISION **T**

Barbara R. Zander, MA, CAC, CAMF, Infinity Counseling Services

Description: This is a course incorporating didactic and experiential learning. The primary focus is to gain a comprehensive understanding of how clinical supervision can enhance job performance, time management skills, increase quality of clinical services delivery, and provide a framework for better treatment outcomes.

Objectives: Participants will:

- Understand the tasks and functions of the clinical supervisor
- Understand the importance of providing clear feedback in relationship to job performance, and structure supervision sessions that will meet specific performance improvement goals
- Understand and utilize the TAP 21 and the TAP 21A to improve counselor competencies

T7 **AFTER THE WAR...HIDDEN WOUNDS, MYTHS, AND REALITIES** **T**

Beverly Taylor, LCSW, PIP, Director of Psychological Health, Air National Guard

Description: This course is designed for providers and others who want to understand the psychological needs and integration issues of returning Military Service Members and National Guard. There will be an overview of Military culture and an examination of the signature wounds of current wars. It is a good course for those with little experience but a desire to help the military and the veteran.

Objectives: Participants will:

- Identify key aspects of military culture
- Understand PTSD and TBI among combat veterans
- Understand issues related to "The War Within", Suicide Prevention in the Military and Military Sexual Trauma
- Have a resiliency based model that can help veterans

OFFERED ON WEDNESDAY

Note: Pay close attention not to sign up for courses that will overlap.

W1 **MEDICATIONS IN THE CLASSROOM** **T**

Dr. Merrill Norton, PharmD, D.Ph, ICCDP-D, Clinical Associate Professor
University of Georgia College of Pharmacy, Athens, GA

Description: This workshop is for school system behavioral health care practitioners who work with individuals challenged with mental illness or substance abuse diagnosis. The primary purpose of this workshop is to bring to the participants the latest pharmaceutical applications to the diagnostics of the DSM IV-TR. Many of our patients take medications to function at their highest level of success. This workshop will highlight the body of knowledge of psychotropic medications including the latest anti-depressants, anti-psychotics, anti-anxiety, mood stabilizers, psycho-stimulants, and herbal psychotropics. A recent review of the latest in the neurobiology of anxiety, dependence, depression, and ADHD will also be included in this presentation.

Objectives: Participants will:

- Discuss and identify classes of drugs used to treat the spectrum of mental disorders
- Overview the neurobiology of anxiety, depression, ADHD, and psychotic disorders
- Discuss the most recent advances in drug therapies in the mental health and addiction treatment fields
- Review the neurobiology of psychoactive chemical use, abuse, and dependence

W2 **MEDICAID COMPLIANCE TRAINING** **T**

Henry K Stough, LPC, NCC, H. K. Stough & Associates,
Montgomery, AL

Description: This course will include a review of the requirements in Chapter 105 Rehabilitative Service of the Alabama Medicaid Provider. The presentation will include the need for compliance, vulnerable compliance issues, and frequently encountered problems as well as the specific intake, treatment planning and documentation requirements.

Objectives: Participants will:

- Gain an understanding of the importance of complying with the requirements of Medicaid and consequences of noncompliance
- Gain knowledge of the assessment and treatment planning requirements of Medicaid
- Gain knowledge of the documentation requirements of Medicaid
- Become familiar with vulnerable areas for noncompliance and frequently encountered problems



W3 **THE INTEGRATION OF COGNITIVE BEHAVIORAL THERAPY IN THE TREATMENT OF ADDICTIVE DISORDERS**



Magali Posey, LPC and Michelle Woods Smith, LCSW, Finding Peace Professional Counseling Services

Description: This course will assist participants in understanding what Cognitive Behavioral Therapy (CBT) is and how to effectively use it in the treatment and relapse prevention of addictive disorders. A combination of practical and experiential applications for the treatment of various addictions such as substance use, sexual addiction, and other maladaptive behaviors will be presented.

Objectives: Participants will:

- Gain understanding of the principles of CBT
- Practice use of CBT techniques as they relate to addictive disorders

W4 **THOSE LEFT BEHIND: THE MILITARY FAMILY EXPERIENCE** **T**

Beverly Taylor, LCSW, PIP, Director of Psychological Health, Air National Guard

Description: This course is designed for providers and others in the community who want to understand the issues and needs of military families. Family members of combat Veterans are invited to attend this course as well and share experiences and photographs of their loved ones.

Objectives: Participants will:

- Identify stressors and differences in the lifestyle of military families and marriages
- Understand the influence of deployment of a parent on children in each developmental stage
- Identify pre-deployment and post-deployment issues faced by families
- See beyond the Yellow Ribbon and what it means to be a loved one of a veteran, the last legacy

W5 **CRISIS INTERVENTION** **P** **T**

Brandy Johnson, EdS, LPC, Training Coordinator, The Bridge, Inc.

Description: This course consists of two days of lecture, guided discussions, case scenarios and small group practice of crisis intervention, crisis counseling and crisis communication techniques. The training includes a wide range of crisis intervention services including de-escalation skills, pre and post-incident crisis education, proper documentation of incidents and crisis intervention safety techniques. The course prepares participants to learn how to take control of an out-of-control situation and how to assess the physical and psychological well-being of those involved in a crisis situation. Crisis Intervention training is a requirement for all substance abuse residential programs.

Objectives: Participants will:

- Understand the nature, definitions and different types of crisis and crisis intervention
- Become aware of various crisis intervention models and techniques currently used with different populations, the effectiveness of these models, and how to utilize these techniques
- Discuss issues and findings of evidence-based practice as it relates to crisis intervention
- Explore ethical considerations such as confidentiality in crisis intervention and trauma response
- Practice basic crisis intervention/communication techniques and identify public and private resources within the community available to clinicians and individuals affected by crisis

SPONSORED BY THE BRIDGE, INC.

W6 **PATH TO SUCCESS: MANAGING EMOTIONS UNDER PRESSURE/ANGER MANAGEMENT** **P** **T**

Leslie Meadows, Assistant Director, Auburn Montgomery, Alabama Training Institute

Description: This course presents decision-making techniques and strategies necessary for managing behaviors and communication challenges that undermine employee performance. Using in-class exercises, participants will examine, practice, and reinforce the skills necessary to become a more effective leader, supervisor, and employee. Discussion and activities will focus on understanding the nature of conflict and identifying conflict management

styles, and understanding the role emotional intelligence plays in our interactions.

Objectives: Participants will:

- Gain an awareness of how their perceptions and reactions help or impede their relationships at work, home, and in general
- Learn how to manage stressors and regain control

SPONSORED BY THE ALABAMA DEPARTMENT OF TRANSPORTATION

W7 ETHICAL DILEMMAS AND THE SA PROFESSIONAL: WHAT YOU NEED TO KNOW

Barbara R. Zander, MA, CAC, CCS, Infinity Counseling Services

Description: This course will be a combination of didactic and experiential learning. The primary focus will be to gain a comprehensive understanding of the impact ethics has in the treatment setting.

Objectives: Participants will:

- Assess one's personal ethics
- Understand the differences between ethics, morals, and the law
- Understand how professional codes of ethics influence treatment programs
- Understand the methodology used in resolving ethical issues

OFFERED ON THURSDAY

Note: Pay close attention not to sign up for courses that will overlap.

TH1 THERE AND BACK AGAIN: READJUSTING TO LIFE AFTER DEPLOYMENT

Carlos E. Berry, MD, DFAPA, Associate Chief of Staff-Mental Health Service Line, Tuscaloosa VA Medical Center; Kristin Lester Williams, Ph.D., Lead Psychologist, PTSD Treatment Team, Tuscaloosa VA Medical Center

Description: Alabama is welcoming home numerous returning Veterans from Operation Enduring Freedom (OEF), Operation Iraqi Freedom (OIF), and Operation New Dawn (OND). It is imperative for our community providers to understand the Veteran population and challenges that some Veterans may encounter. This course introduces to the participants the common issues and problems that the returning Veterans and their families face after a deployment. The course also familiarizes participants with the presentation and course of illness, as well as, Co-morbid conditions associated with Post Traumatic Stress Disorder (PTSD).

Objectives: Participants will:

- Become familiar with the issues, problems, and challenges that Veterans and their families deal with after deployment
- Understand the relationship between the post-deployment readjustment period and increased substance use disorders
- Identify the symptoms of and course of illness in individuals suffering from PTSD
- Understand the relationship between PTSD and Co-morbid substance use disorders
- Identify treatment modalities for PTSD and Co-morbid substance use disorders

SPONSORED BY THE TUSCALOOSA VA MEDICAL CENTER

TH2 ADOLESCENT CO-OCCURRING ISSUES AND TREATMENT STRATEGIES

Brandy Johnson, EDs, LPC, Training Coordinator, The Bridge, Inc.

Description: This course provides a broad overview of the problem of co-occurring disorders in the adolescent population and effective ways to identify, intervene, refer and treat those issues. The course will include didactic discussion of key adolescent co-occurring treatment barriers and effective intervention strategies. How providers respond to co-occurring issues in adolescents, key dynamics to family systems, and engagement strategies will also be addressed.

Objectives: Participants will:

- Understand the definition of co-occurring disorders and treatment issues specific to the adolescent population
- Identify assessment and treatment dilemmas in adolescent substance use and co-occurring disorders and concepts to bridge mental health and substance abuse systems
- Review assessment strategies, techniques and priorities to distinguish between experimentation, abuse and dependence; and to adequately identify co-occurring disorders

- Discuss treatment strategies to address both substance use and mental health issues
- Identify staff, program and systems issues in providing integrated services for adolescents with co-occurring mental health and substance-related disorders

SPONSORED BY THE BRIDGE, INC.

TH3 CLINICAL SUPERVISION: THE CHANGING LANDSCAPE

Sheldon L. Rosenzweig, MA, LPC, CCS Trainer and Consultant

Description: The delivery and training of quality supervision is important to agencies providing substance abuse treatment and prevention. This course will help new practitioners develop supervisory insights and reenergize experienced supervisors. Long distance supervision, ASAM Criteria and other issues are included in the curriculum. Through didactic and group process, participants will examine critical supervision issues.

Objectives: Participants will:

- Be more aware of supervisory challenges
- Share successful best practices
- Will discuss the benefits of becoming a Certified Clinical Supervisor
- Be urged to develop a "supervisor network"
- Through the use of vignettes, discuss real life situations

TH4 MAKING AND MAINTAINING THE CONNECTION: GROUP COUNSELING METHODS FOR DIFFICULT POPULATIONS

Lynn Boyd, Ph.D., LPC; Dr. Jeanell Norvell, LPC, NCC, Ph.D.

Description: Increasingly counselors and administrators are asked to effect change with fewer resources for at-risk and reluctant client populations. Group work allows for the judicious use of resources while creating a safe environment for individuals to learn about themselves and connect with others. The goal of this workshop is to demonstrate a comprehensive group treatment model appropriate for work with difficult populations. The workshop will cover ethics linked to group work, the stages of group development, client resistance, and provide examples of effective exercises for dealing with difficult populations (i.e., substance abuse, court-ordered). Group exercises covered include guided imagery, building trust, anger management, genograms, sculpting, and family of origins issues

Objectives: Participants will:

- Have an increased insight into ethical concerns linked with group work
- Establish an understanding of the stages of group development
- Gain tools to create effective change with difficult populations
- Have an increased understanding of resistance

TH5 GAY, LESBIAN, BISEXUAL, TRANSGENDER (GLBT) AND BEHAVIORAL HEALTH ISSUES

Richard Meriwether, Program Manager/Health Educator, University of Alabama at Birmingham AIDS Training & Education Center, Alabama-North Carolina STD/HIV Prevention Training Center, Department of Medicine, Division of Infectious Diseases

Description: This course will provide the participant with an understanding of behavioral health issues (mental health, substance abuse, STDs/HIV) unique to the Gay, Lesbian, Bisexual, Transgendered Population (GLBT) and primary preventative health care best practices to care for their patients/clients identifying as members of the GLBT community. Besides the dissemination of information and knowledge, the attendees will have an opportunity to participate in various group activities ("hands on") that will assist them as professionals in developing a better understanding of an GLBT person and how better to meet their behavioral health needs.

Objectives: Participants will:

- Identify behavioral health risk factors that are prevalent in the GLBT community and unique to the GLBT community
- Discuss the epidemiology of HIV and other STDs, appropriate screening recommendations and counseling to reduce risk
- Express and understand the health effects of higher rates of substance/alcohol use in the GLBT community and use of screening tools/techniques to identify abuse
- Identify barriers to GLBT persons receiving appropriate behavioral health care and the impact on health, disease, and treatment outcomes

SPONSORED BY THE DIVISION OF INFECTIOUS DISEASES, UNIVERSITY OF ALABAMA

TH6 FUNDAMENTAL SERVICE PROVISION IN ALABAMA COURTS FOR SUBSTANCE ABUSING DEFENDANTS

Martin A. Ramsay, Deputy Director, Administrative Office of Courts (Ret.)

Description: Since 1986, more than 625,000 defendants have been referred by Alabama courts to the Court Referral Officer (CRO) Program. The CRO Program was developed in 1985 after a subcommittee of the Judicial Study Commission recommended the creation of a program to assist judges with the identification, evaluation, referral and case management of alcohol and drug offenders. Following the passage of the Mandatory Treatment Act in 1990, all alcohol and drug cases were authorized by law to be referred to CROs for services. In 1991, the Community Punishment and Corrections Act were passed which called for diversion of prison-bound offenders into community-based corrections. In 2010, Act 754, also known as the Drug Court Bill, passed in the Legislature. All of these programs have or do utilize CROs.

Objectives: Participants will:

- Understand the Mandatory Treatment Act of 1990 (§§12-23-1, et seq., Code of Alabama 1975) as it pertains to the evaluation and referral of offenders whose crimes were either directly or indirectly related to the use of alcohol and/or other drugs
- View the Court Referral Officer as a primary referral source, not a treatment provider
- Review several of the many Attorney General Opinions as they relate to the CRO Program
- Discuss the Drug Court Bill (Act 754) as it relates to Court Referral Officers
- Review the data history of the defendants who have been referred through the Court Referral Officers, their referral destinations, the evolution of case management in the program, and the use of drug screening as a method to insure compliance with court orders

TH7 DISRUPTIVE AUDIENCE/DISRUPTIVE BEHAVIORS

Ava Maria Gregory, MA, MLAP, ICADC, CPM, ICPS, CAADP
Substance Abuse and Mental Illness Prevention Coordinator, CED
Mental Health Center

Description: This class will showcase innovative and informative ways to handle disruptive audiences, as well as, disruptive behaviors. The presenter will touch on crowd control, anger management, types of behaviors and ways of dealing with each and every situation. This class is very entertaining, as well as informative, and the presenter has facilitated this class many times. This presenter has over twenty years experience in the field and is very informative on the topic.

Objectives: Participants will:

- Be prepared to prevent and minimize the incidence of disruptive behavior during groups and presentations
- Deal effectively with disruptions when they occur
- Be exposed to real-world scenarios, engage in role play, discussions, and group activities that allow them to practice the application of management strategies
- Learn to recognize specific disruptive behaviors and apply appropriate management techniques

OFFERED ON FRIDAY

Note: Pay close attention not to sign up for courses that will overlap.

F1 THE SEVEN CHALLENGES: AVOIDING THE MAD RUSH FOR ABSTINENCE

Elisabeth M. Malone, LPC, Executive Director, Chemical Addictions Program, Inc., Montgomery, Alabama
Robert Schwebel, Ph.D., Author, The Seven Challenges® Program

Description: Most teens are mandated into counseling by adults with authority...all of whom want drug-free youths immediately. Treatment providers feel they must deliver this outcome, resulting in a "mad rush for abstinence." Unfortunately, most young people are in the early stages of change and the "mad rush" is a mismatch with their starting point. Young people lie, resist, or flee from treatment, partially explaining the disappointing outcomes and high dropout rates. The Seven Challenges® is a comprehensive counseling program for adolescents, which incorporates work on drug problems. This talk discusses how The Seven Challenges® program approaches counseling with young people, and how organizations and counseling staff are supported through the implementation process.

Objectives: Participants will:

- Learn five characteristics of youths being in the early stages of change when they enter treatment
- Learn the characteristics of the "mad rush for abstinence"
- Learn four bad outcomes that occur when counselors mismatch interventions
- Be given a clinical overview of The Seven Challenges®
- Learn some of the clinical skills from The Seven Challenges®
- Learn about the implementation process and fidelity measures for The Seven Challenges®

SPONSORED IN PART BY THE CHEMICAL ADDICTIONS PROGRAM, INC

F2 CRIMINAL THINKING

Dr. Eddie Lancaster, Forensic Psychologist, ADOC Re-entry Coordinator, Educational Director, CISM Director

Description: This presentation will profile the characteristics of the errors and consequence of criminal thinking. Because of these ingrained errors of thinking, criminal thinking individuals will be exposed as a sect of people who live in an entirely different world than non-criminals.

Objectives: Participants will:

- Understand that not all criminals have low IQ: most are very intelligent
- Understand that AD/HD is least diagnosed in the prison setting: why this diagnosis and treatment is a must
- Understand external Deterrents: the fear the criminal has of getting caught
- Understand how "Riding the Edge" is a turn on for crime
- Understand forensic examination of the criminal need and the result if not met

SPONSORED BY THE ALABAMA DEPARTMENT OF CORRECTIONS

F3 WELCOME TO THE NEIGHBORHOOD – BUILDING COLLABORATIVE MODELS BETWEEN SAFETY NET HEALTH CARE PROVIDERS

Katherine (Kat) Rodman, Policy and Communications Coordinator, Alabama Primary Health Care Association
Alexander Ross, Sc. D., Office of Special Health Affairs, Health Resources Service Administration
Dr. Jim Dill, Executive Director, Alabama Council of Community Mental Health Boards
Kathie Hiers, Executive Director, AIDS Alabama (invited)
Dr. Tammy Peacock, Associate Commissioner, Alabama Department of Mental Health

Description: The cornerstone of today's expectations for safety net health care provider's network is the development – the evolution – of a fully integrated health care system. To effectively develop these networks we must not only understand the fundamentals of care provided by the differing partners but their organizational cultures as well. This panel brings together representatives from primary, mental, substance abuse and HIV/AIDS care to discuss their organizations and how they can begin to communicate to develop an Alabama Collaborative care strategy.

Objectives: Participants will:

- Understand the current policy climate and what national initiatives support this collaborative model
- Have a working knowledge of the safety net provider network in Alabama and understand the differences and similarities between Federally Qualified Health Centers, County Mental Health Centers, Rural Health Centers, HIV/AIDS Providers and Substance Abuse Providers
- Identify the barriers that must be addressed to create effective local partnerships between safety net providers

F4 GET OUT OF MY FACE: NON-ADVERSARIAL CASE MANAGEMENT STRATEGIES

Tammy Jolley, Drug Court Coordinator

Description: Despite the popularity of non-adversarial treatment courts, training on what constitutes a non-adversarial approach is almost non-existent for your front line criminal justice workers. This course is designed to arm case managers and probation officers with effective methods of non-adversarial client interaction. The course will present information about non-adversarial methods; why the addicted client responds best to this method; will teach the participants to design their incentive and sanctions to be non-adversarial, and thus, focus on behavioral modification.

Objectives: Participants will:

- Define adversarial and non-adversarial
- Identify the differences in adversarial vs. non-adversarial approach to case management
- Discover why non-adversarial methods are more effective with addicted offenders
- Evaluate their program's incentive/sanction structure for adversarial methods
- Learn simple non-adversarial techniques for office visits, home visits, and court appearances

F5 THE A, B, C'S OF STD'S FOR ALCOHOL, SUBSTANCE ABUSE AND MENTAL HEALTH COUNSELORS/WORKERS



Richard Meriwether, Program Manager/Health Educator, University of Alabama at Birmingham AIDS Training & Education Center, Alabama-North Carolina STD/HIV Prevention Training Center, Department of Medicine, Division of Infectious Diseases

Description: This course would provide an overview of current developments in STD/HIV diagnosis and management to the lay (non-STD) person/professional involved in the counseling and education of individuals living with a dual diagnosis, i.e., alcohol/drug addiction AND a sexually transmitted disease/infection, including HIV/AIDS. Attendees will receive instruction on the nine most common sexually transmitted infections/diseases diagnosed in Alabama: HIV, gonorrhea, chlamydia, syphilis, herpes, bacterial vaginosis, venereal warts, viral hepatitis, and pubic lice. The presentation will include discussion on the following for each aforementioned disease/infection epidemiology, clinical manifestations, diagnosis, and treatment. The concept of risk reduction/behavior modification will be discussed with attention given to the professional being able to conduct a risk assessment (sexual/drug) on their client/consumer. Also, key Alabama laws regarding STDs/HIV will be discussed.

Objectives: Participants will:

- Define/identify the following terms: abstinence, safer sex, risk reduction, HIV, AIDS, HIV-Ab counseling/testing and STD/STI
- Conduct a brief, accurate, and sensitive assessment of an individual's sexual risk-taking behavior and how their behavior impacts their risk for acquiring infection
- Discuss the epidemiology, clinical manifestations, diagnosis, and treatment for the following STIs/STDs: HIV, gonorrhea, chlamydia, syphilis, herpes, bacterial vaginosis, venereal warts, viral hepatitis, and pubic lice
- Discuss risk reduction/behavior change theories and models as they relate to STD/HIV infection

SPONSORED BY THE DIVISION OF INFECTIOUS DISEASES, UNIVERSITY OF ALABAMA

F6 WORKING WITH PEOPLE WHO ARE DEAF

Steve Hamerding, Director, Office of Deaf Services

Description: People who are deaf have substance abuse issues at least as often as people who are not deaf. Yet, service providers are ill-prepared to work with deaf people for a number of reasons, including how the deaf community views hearing people, English, and treatment. Understanding those culturally-embedded views is the first step in successfully engaging deaf consumers in treatment.

Objectives: Participants will:

- Be able to explain the "disability" and cultural views of deafness and why it is important to know the difference
- Identify reasons why traditional treatment approaches are problematic with deaf people
- Be able to discuss legal requirements in serving people who are deaf, as well as people limited to English proficiency
- Be able to list resources available in Alabama and around the country

SPONSORED BY THE ALABAMA DEPARTMENT OF MENTAL HEALTH

F7 THE SPIRIT OF CHANGE: INTEGRATING PSYCHODRAMA AND MOTIVATIONAL INTERVIEWING

Craig Caines, LCSW, CP, PAT, Birmingham Action Centered Therapy

Description: This workshop provides skills building tools integrating Psychodrama and Motivational Interviewing (MI) techniques. Psychodrama is action-centered and engages people on multi-dimensional levels. MI is person-centered and evidence-based focusing on reducing ambivalence about change. Join us in exploring how combining these two strength based approaches enhance responsiveness for change.

Objectives: Participants will:

- Identify key concepts and methods underlying the theory and practice of Psychodrama and of motivational interviewing
- Compare and contrast the two approaches
- Explore how integrating these two approaches can enhance clinicians' effectiveness in facilitating change with their clients
- Increase awareness of the interactive nature of the change process
- Utilize role play exploring clinical vignettes related to shifting client ambivalence, strengthening the therapeutic alliance and facilitating readiness to change

TWO DAY COURSES

TUESDAY AND WEDNESDAY COURSES (TW)

TW1 MEETING THE SPECIFIC NEEDS OF WOMEN: A GENDER RESPONSIVE RECOVERY MODEL

M. Lynn Smith, MA, MLAP (AADA), Private Consultant/Trainer

Description: This workshop will examine the specific needs of women in treatment as determined by their unique biological and psychological characteristics. The class will also explore psycho-social and cultural influences, and address the needs of special populations such as minority women, older women and women in the criminal justice system. Didactic material, discussion and experiential exercises are balanced for a complete learning experience. The principles of Gender Responsive Treatment, the Recovery Model and Trauma Informed Treatment will be compared with the goal of integrating the three into a holistic understanding of a Recovery Model for Women.

Objectives: Participants will:

- Examine the unique characteristics of women and be able to translate those differences into guidelines for treatment (Do this, not that)
- Learn the common principles of Gender Responsive Treatment, the Recovery Model and Trauma Informed Treatment and be able to articulate an integrated model of treatment for women
- Gain knowledge and skills in Gender Responsive clinical interventions through participation in class exercises and activities

TW2 INDIVIDUALIZED TREATMENT PLANNING USING ASAM PPC AND STAGES OF CHANGE

Terri Williams-Glass, MA, LPC, Clinical Director, UAB Addiction Recovery Program

Description: This workshop is designed to provide a comprehensive model for individualized treatment planning using ASAM PPC and Stages of Change as the conceptual framework. We will focus on an innovative, practical approach that enlists the client's participation in the treatment planning process from beginning to end.

Objectives: Participants will:

- Review the state assessment
- Learn to conceptualize treatment planning using Stages of Change and ASAM Dimensions
- Learn to identify the difference between program goals, clinician goals and the goals of the clients
- Use motivational strategies to "meet the client where they are" in the treatment planning process
- Formulate an individualized treatment plan that enlists the client's participation

TW3 MENTAL HEALTH FIRST AID

Michelle Krulewicz-Dees, MS, ALC – Coordinator, and Emily Minto-Head, BS – Case Manager

Description: This course is appropriate for anyone who may come in contact with someone who would have a mental health related crisis in the community (a.k.a. all people who live in a community.) We will teach five easy to remember steps that will enable the MHFA trained community member to effectively assist friends and neighbors and keep everyone safe until either the crisis passes OR more substantial and appropriate long term help can be arranged.

Objectives: Participants will:

- Learn the potential risk factors and warning signs for a range of mental health problems including: depression, anxiety, trauma, psychosis, eating disorders, substance abuse disorders, and self-injury
- Gain an understanding of the prevalence of mental health disorders in the U.S. and the need for reduced stigma in their communities

- Learn a 5 Step Action Plan encompassing the skills, resources and knowledge to assess the situation, to select and implement appropriate interventions, and to help the individual in crisis connect with appropriate professional care
- Explore the evidence-based professional, peer, social, and self-help resources available to help someone with a mental health problem
- Practice the action steps and interventions to increase understanding and comfort with their use

TW4 THE CERTIFIED PEER SPECIALIST TRAINING

Tom Mihokanich CADP, Ronnie Colvin CADP, Mike McLemore MLAP, Johann Caris, Peer Review Specialist, Bill Bates, CADP

Description: This is **NOT** training for professionals or those who hold a professional certification/license. This is a two-day training with a written test at the end. Based on the results of this written test, participants will either be granted the certification of Peer Support Specialist or asked to undergo additional material review prior to retaking the written exam. The Peer Specialist fulfills a unique role in the support and recovery from substance abuse disorders. A person who, through their direct life experience as a behavioral health (mental health and/or substance abuse) consumer and through further training and skill development, serves as a role model, guide, and/or facilitative support to another behavioral health consumer pursuing their own goals and dreams for recovery. This training incorporates the Peer Specialist's recovery experience as a means of inspiring hope in those they serve, as well as providing a positive role model to others. They work in collaboration with the people they serve, as well as clinical staff in the best interests of the individual's recovery process. There are many positive roles a Peer Specialist can fulfill in the organization based on their individual skills, experience, education, and desires. Peer Specialists offer the advantage of lived experience from substance abuse. They know the journey to recovery is real and attainable because they have traveled the path. Applicants must be approved by FORMLL to be placed in this course. **MAIL ALL REGISTRATION FORMS FOR THIS COURSE TO FORMLL, P.O. BOX 310, EVA, ALABAMA, 35621.**

Objectives: Participants will:

- Understand the five stages of recovery
- Become aware of recovery as a tool and the importance of peer relationships
- Learn the importance of confidentiality, advocacy, HIV/AIDS, spirituality and case management
- Learn the dynamics of recovery support groups, 12 Step, Celebrate Recovery, sponsorship and issues of dysfunction within them
- Learn issues related to co-dependency
- Learn boundary issues and when to ask others for help
- Learn rules of ethics

SPONSORED BY FORMLL

TW5 CASE MANAGEMENT TRAINING FOR NEW CASE MANAGERS

Dr. Barbara A. Jackson, Co-Occurring & Adult Coordinator

Description: Case Management as a tool for improving service delivery has a long history. It emerged as a separate and professional service in the 1970s where it was seen as a way to connect clients with multiple needs to complex social service provider systems. This two-day training is designed to give the new case manager a solid foundation to perform their job.

Objectives: Participants will:

- Be oriented to case management as a profession
- Learn the basic principles of Cognitive Behavioral Therapy as an approach to provide initial counseling interventions as required when performing their jobs
- Learn Case Development: to include case assessment, case planning, case documentation, and appropriate case management billing for provided services
- Demonstrate a basic competency in case management

SPONSORED BY THE ALABAMA DEPARTMENT OF MENTAL HEALTH

TW6 NIATX: CHANGE LEADER ACADEMY

Jeremy Blair, LMFT, Clinical Director of the Mental Health Center of Madison County

Description: The academy consists of a two-day workshop for knowledge and skill development, led by a NIATx trainer. Using a "Learn-Do-Share" approach, attendees will cover a variety of topics, including: Walk-throughs, Nominal Group Technique, Flowcharting, and the Plan, Do, Study, Act (PDSA) Cycle, designing change projects, and more.

Objectives: Participants will:

- Learn what is the NIATx model
- Learn how to conduct a walk through
- Learn how to use the PDSA Cycle in process improvement
- Learn how to design a change project
- Learn how to create and lead change teams

THURSDAY AND FRIDAY COURSES (TF)

TF1 WHAT THE HECK IS TRAUMA-INFORMED CARE, WHY DO WE NEED IT, & HOW DO WE DO IT?

Pamela Woll, Consultant, Human Priorities and Great Lakes Addiction Technology Transfer Center

Description: Trauma-informed care is a different way of understanding and doing what you already do. It makes your work safer and more effective for the overwhelming number of people whose recovery is threatened by post-trauma effects. This interactive workshop explores concrete things you can do, tailored to participants' roles and challenges.

Objectives: Participants will:

- Assess the impact of stress and trauma on the people they serve, the organizations and systems in which they work, and their own satisfaction and well being in their jobs
- Identify role-specific, organization-specific, and population-specific challenges that they face and ways they might use trauma-informed care to address these challenges
- Identify tools they might use to: assess strength and resilience, screen for post-trauma effects, assess the impact of trauma, de-stigmatize post-trauma effects by explaining how these effects really make sense, teach simple skills for creating safety and stabilizing post-trauma effects, identify the need for and availability of trauma-specific services, and help clients/patients become informed consumers of trauma-specific services
- Identify elements of trauma-informed cultures, organizations, and systems of care; ways in which trauma-informed care fits into recovery-oriented systems of care and integrated behavioral health and primary care systems; and tools for promoting trauma-informed approaches in their own organizations and systems
- Identify ways in which they might increase their own resilience in working with the effects of trauma on the people they serve

SPONSORED BY SOUTHERN COAST ATTC

TF2 PSYCHOPHARMACOLOGY 2012

Dr. Merrill Norton, PharmD, D.Ph, ICCDP-D, Clinical Associate Professor
University of Georgia College of Pharmacy, Athens, GA

Description: The primary purpose of this workshop is to bring to the participants the latest pharmaceutical applications to the diagnostics of the DSM-IV-TR. Many patients take medications to function at their highest level of success, but psychotropics do present adverse drug effects and monitoring is required. An overview of counselor monitoring for medication efficacy will be discussed. The workshop will also highlight the body of knowledge of psychotropic medications including the latest anti-depressants, anti-psychotics, anti-anxiety, mood stabilizers, psycho-stimulants, and herbal psychotropics. A recent review of the latest research in the neurobiology of anxiety, addiction, depression and personality disorders will also be included in this presentation.

Objectives: Participants will:

- Discuss and identify classes of drugs used to treat the spectrum of mental disorders
- Outline the neurobiology of anxiety, depression, personality disorders and psychotic disorders
- Discuss the most recent advances in drug therapies in the mental health and addiction treatment fields
- Review the neurobiology of psychoactive chemical use, abuse, and dependence

TF3 ACHIEVING INTEGRATED TREATMENT OF CO-OCCURRING DISORDERS

M. Lynn Smith, MA, MLAP (AADA), Private Consultant/Trainer

Description: This workshop will examine the concepts and principles of integrated care for co-occurring disorders based on Ken Minkoff's **Comprehensive Continuous Integrated System of Care (CCISC)** model, as well as SAMHSA's newly released **Integrated Treatment for Co-Occurring Disorders Evidence-Based Practices (EBT) Tool Kit** with a view toward achieving integrated treatment at the agency level. Participants will learn the characteristics

of individuals with co-occurring disorders and the elements of successful assessment and treatment of this population. They will also examine the continuum of integration of services in order to better assess the capability of individual agencies. The workshop will explore the materials contained in the EBT Tool Kit with emphasis on the **Training Frontline Staff Workbook**. One of the five modules, **Stages of Treatment and Core Processes** will be presented to the participants in an interactive “class experience”.

Objectives: Participants will:

- Be able to define the term “Co-Occurring Disorder” and describe the characteristics of individuals in this population
- Learn the categories of individuals with co-occurring disorders according to the Four Quadrant Model and the treatment implications of each quadrant
- Learn the Continuum of Integrated Treatment for Co-Occurring Disorders and be able to describe the way treatment is delivered at various levels of integration
- Gain familiarity with the contents of the Integrated Treatment for Co-Occurring Disorders EBT Tool Kit and learn how it can be used to bring about agency change
- Gain first-hand experience with the material contained in Module Three: *Stages of Treatment and Core Processes*, of the EBT Workbook, *Training Frontline Staff*.

TF4 **SSI/SSDI OUTREACH, ACCESS, AND RECOVERY (SOAR)**

Jessica Hales, Alabama Department of Mental Health, & Marion Johnson, Alabama Department of Mental Health

Description: This training is designed to help case managers and other front line staff who assist adults, specifically adults who are homeless and have serious mental illnesses or mental illness and substance use co-occurring disorders apply for and obtain SSI/SSDI benefits.

Objectives: Participants will:

- Better understand the Social Security Administration’s requirements for SSI/SSDI applications
- Better understand the need for appropriate documentation with the SSI/SSDI application
- Decrease the time required to issue determinations
- Reduce the need for appeals

SPONSORED BY THE ALABAMA DEPARTMENT OF MENTAL HEALTH

TF5 **THE CLIENT-DIRECTED, OUTCOME-INFORMED MOVEMENT: INCREASING MOTIVATION, ENGAGEMENT AND RETENTION**

Michael D. Clark, MSW, LMSW, Director, Center for Strength-Based Strategies

Description: This course will address and focus on the questions: How do people change? What can staff do to increase client engagement and retention in treatment? How can we harness client feedback to improve outcomes? Join a movement that now places human motivation front-and-center. Learn how to increase the client’s participation to increase positive outcomes.

Objectives: Participants will:

- Be able to describe the results of the three largest controlled studies (Randomized Clinical Trials – RCTs) ever conducted in the United States which studied the comparison of multiple treatment approaches. These studies involved thousands of subjects and cost millions of dollars to complete
- Be able to identify two critical variables which are predictive of positive behavior change in treatment sessions
- Understand two payoffs for engaging in client-directed services
- Understand client resistance as a state (not a fixed trait) and examine the counselor’s influence to client “resistance”

SPONSORED IN PART BY THE SOUTHERN COAST ATTC

TF6 **UNDERSTANDING AND UTILIZING ASAM PLACEMENT CRITERIA IN THE TREATMENT SETTING**

Barbara R. Zander, MA, CAC, CAMF, Infinity Counseling Services

Description: This course will be a combination of didactic and experiential learning. The primary focus will be to gain a comprehensive understanding of both the five basic levels of care and the criteria dimensions outlined in ASAM PPC-2R in order to provide better treatment strategies and enhanced outcomes for the substance abuser.

Objectives: Participants will:

- Be able to identify the five basic levels of treatment in the ASAM PPC-2R
- Understand and utilize the crosswalk for appropriate patient placement
- Examine existing treatment availability within the community to support the ASAM criteria
- Compare assessment tools and ASAM compatibility

FOUR DAY COURSE

TUESDAY, WEDNESDAY, THURSDAY AND FRIDAY COURSE (TWTF)

TWTF1 **SUBSTANCE ABUSE PREVENTION SKILLS TRAINING (SAPST): A BEHAVIORAL HEALTH WORKFORCE DEVELOPMENT CURRICULUM**

Carol Oliver, Director of Training and Technical Assistance for SAMHSA’s Center for the Application of Prevention Technologies (CAPT)
Carlos Pavao, Training and Technical Assistance Specialist, Southeast CAPT Resource Team

Description: The SAPST includes two parts: an online course entitled “Introduction to Substance Abuse Prevention: Understanding the Basics,” an in-person SAPST and a 4-day in person training. The SAPST provides comprehensive and consistent training for cultivating and maintaining a strong prevention-oriented workforce prepared to meet the needs of diverse communities.

Objectives: Participants will:

- Learn the online course that covers the history of substance abuse prevention in the U.S., the science of addiction, the effects and health risk of commonly abused drugs, and basic terminology. Participants are expected to complete this online course (approximately 3-4 hours) prior to attending the in-person SAPST
- Learn the in-person SAPST, delivered over 4 days, which is designed to help practitioners develop knowledge and skills related to these areas of prevention:
 - Prevention theory, including the Continuum of Care model, public health approach, risk and protective factors, and the developmental perspective
 - Health disparities and cultural competency
 - Effective collaboration
 - Sustainability
 - SAMHSA’s Strategic Prevention Framework, including an in-depth exploration of each of the model’s five steps
- Learn specifically that the training will advance SAMHSA’s Strategic Initiatives, particularly Initiatives I-IV, by preparing practitioners to:
 - Understand and address substance abuse prevention in the context of behavioral health
 - Improve practice, through implementation of SAMHSA’s Strategic Prevention Framework
 - Reduce behavioral health disparities by improving the cultural awareness and proficiency of prevention professionals and organizations
 - Develop prevention programming that can be sustained over time, by collaborating effectively across systems (e.g., health, justice, social services, education)

SPONSORED BY CAPT ASSOCIATES



REGISTRATION FORM

Alabama School of Alcohol and Other Drug Studies

To register and pay online visit www.asadsonline.com

Name _____ S.S.# _____
Last First M.I. last four digits

Preference on Name Tag _____ Title _____

Business _____ Phone _____ Fax _____

Address _____ City _____ State _____ Zip _____

E-mail _____ T-Shirt Size: Circle one: S M L XL XXL XXXL

ASADS is committed to complying with requirements of the Americans with Disabilities Act. Please make your request for accommodation at least 30 calendar days in advance of program date, by stating your request here.

MULTIPLE COURSE OPTIONS: Please enter your 1st, 2nd, and 3rd choices.

Enter the corresponding course numbers listed in the brochure for each course you wish to attend.

HOW MANY TOTAL DAYS DO YOU PLAN TO ATTEND THE CONFERENCE? _____

ONE DAY COURSES:

LIST COURSE NUMBERS

Note: Pay close attention not to sign up for courses that will overlap.

Tuesday 1st Choice _____ 2nd Choice _____ 3rd Choice _____

Wednesday 1st Choice _____ 2nd Choice _____ 3rd Choice _____

Thursday 1st Choice _____ 2nd Choice _____ 3rd Choice _____

Friday 1st Choice _____ 2nd Choice _____ 3rd Choice _____

TWO-DAY COURSES:

LIST COURSE NUMBERS

Tuesday and Wednesday 1st Choice _____ 2nd Choice _____ 3rd Choice _____

Thursday and Friday 1st Choice _____ 2nd Choice _____ 3rd Choice _____

FOUR-DAY COURSE:

LIST COURSE NUMBER

Tuesday, Wednesday, Thursday and Friday *Check here for Four-Day Course _____

4 DAY ATTENDANCE FEE\$320.00

3 DAY ATTENDANCE FEE\$240.00

2 DAY ATTENDANCE FEE\$160.00

1 DAY ATTENDANCE FEE\$80.00

FINANCIAL ARRANGEMENTS should be made prior to February 20, 2012.

AFTER FEBRUARY 20, 2012, AN ADDITIONAL \$50.00 LATE FEE MAY BE INCLUDED.

I verify that payment will be made in the following manner:

_____ A check (made payable to the Alabama School of Alcohol and Other Drug Studies) is attached.

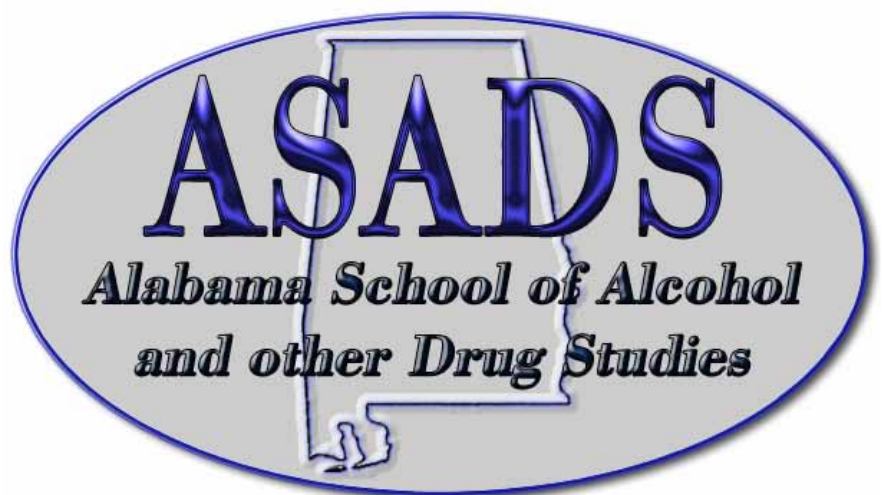
_____ A purchase order/voucher (made payable to the Alabama School of Alcohol and Other Drug Studies and signed by the appropriate individual authorized by the billing agency) is attached. Federal ID number is 63-1260698.

Signature of Applicant _____

Date _____

Alabama School of Alcohol and other Drug Studies
P.O. Box 1229
Cullman, Alabama 35056

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